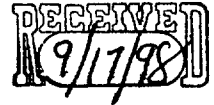


Carlson®

6323 '98 SEP 21 P156

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Office of Special Nutritionals (HFS-450)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C St. SW
Washington, D.C. 20204

Dear Sir or Madam:

I hereby notify the Food and Drug Administration (FDA) of the use of a statement of nutritional support in the labeling of Carlson Alpha Lipoic. Carlson Division of J.R. Carlson Laboratories, Inc. Arlington Heights, Illinois 60004, is the distributor of Carlson Alpha Lipoic.

Statement being made in the labeling of Carlson Alpha Lipoic.

"Alpha Lipoic is a powerful antioxidant found in many foods including spinach & broccoli. It works with other nutrients including vitamins E and C to defend against excessive free radicals. It is called a universal antioxidant because it is soluble in both water and lipid based tissue."

To the best of my knowledge, and based upon information and belief present at the time of the executing of this notice, I certify that the above information is accurate and complete, and that J.R. Carlson Laboratories, Inc. possesses substantiation that the statements are truthful and not misleading.

J.R. Carlson Laboratories, Inc.

By: 
Susan Carlson, Vice President

97S-0162

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